

Scott Corbett, D.O. is a fully trained osteopathic manipulative medicine specialist. During his 8 years of medical training, including a hospital residency and fellowship in manipulative medicine, Scott studied with some of the most prominent osteopaths in the world.

Dr. Corbett's educational background includes degrees in biology with pre-med from Middlebury College and mechanical engineering from The University of Texas. These disciplines complement the osteopathic approach to help understand the complex functioning of the human body.

In full-time practice in the Minneapolis area since 1999, Scott treats patients of all ages and with a wide variety of medical needs. His main methods of treatment are Cranial Osteopathy in the tradition of William G. Sutherland, DO and Biodynamic Osteopathy as taught by Jim Jealous, DO. He also uses exercise, nutrition, and homeopathy to complement the Osteopathic Treatments.



## SCOTT R. CORBETT, D.O.

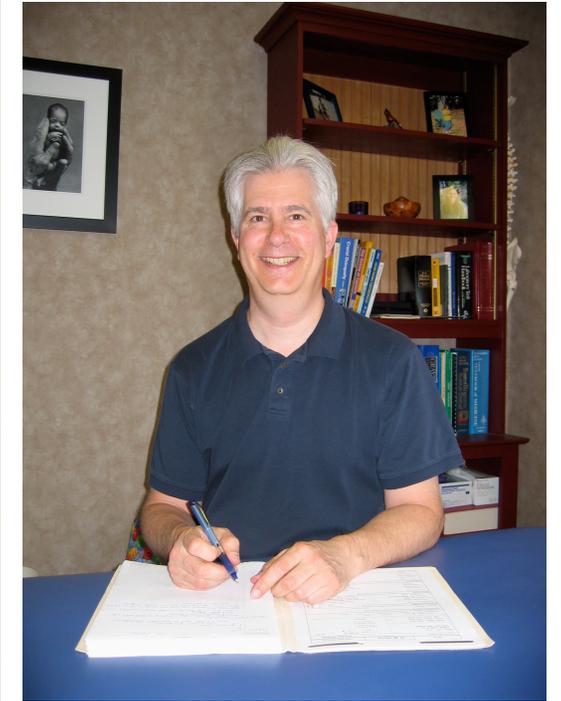
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# OSTEOPATHIC MEDICINE

Treating the Whole Person, not just  
the parts.



# WHAT CAN OSTEOPATHY TREAT?

Osteopathic treatment has been used for over 100 years to treat a wide variety of complaints and illnesses. Through a detailed understanding of the interconnectedness of the many systems of the body an osteopath can use gentle manual treatments to remove the obstacles to healing.

For treatment of strains, pains and other musculoskeletal system issues, the osteopath is adept at relieving the symptoms by getting at the root cause of the problem. Some popular manipulative treatments use force to overpower the body to take it where the practitioner wants it to go. This approach often leads to short term improvement without long term healing. By listening to the body's inner wisdom and moving in the direction the body is trying to go, the osteopathic treatment brings about healing on many levels.

Complex and longstanding problems often have a basis in the physical elements of the body. If other treatment has not worked, or the patient prefers a less toxic/invasive approach, osteopathy may provide an answer. By working with the muscles, bones and ligaments as well as circulatory, nervous, and lymphatic systems, many types of illness or symptoms can be improved. Issues that might not seem treatable by manual methods can sometimes have positive changes with osteopathic care.

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The goal of Osteopathic Treatment is to remove the obstacles that are in the way of the body healing itself. By calming and balancing tissue strain and tension, nerve, muscle, and fluid functions can all be affected.

## Some common problems treated with Osteopathy:

### Pediatric Problems

- Colic
- Ear Infections
- Spitting Up or Reflux
- Sucking Difficulty
- Sleep issues
- Delayed Development
- Birth Trauma
- Learning Disorders
- Plagiocephaly
- Torticollis
- Failure to Thrive
- Headaches
- Injuries and Strains from Falls

### Well Patient Services

- Weight Loss Counseling
- Nutritional Support
- Fitness Consultation
- Athletic Injuries

### Pains and Injuries

- Car Accidents
- Back Pain
- Sprains and Strains
- Headaches
- Head Trauma
- Sciatica

### Ear Nose Throat Problems

- Chronic Ear Infections
- Recurrent Sore Throats
- Sinusitis
- Dry Eyes or Mouth
- Asthma
- Bronchitis

### Systemic Illnesses

- Chronic or Recurrent Infection
- Respiratory Illness
- Vertigo/Dizziness
- Undiagnosable Complex Illness
- Neurologic Disorders
- Gastrointestinal Disorders
- Fibromyalgia
- Chronic Fatigue

### Pregnancy Issues

- Back Pain
- Rib & Breathing restriction
- Swelling
- Hip Pain
- Carpal Tunnel Pain